

Trust & Planning

Learning to Lean on the Lord

Proverbs 3:5–6

*Trust in the LORD with all your heart,
and do not lean on your own understanding.
In all your ways acknowledge him,
and he will make straight your paths.*

Step 1

Take two cards. On the first card, write **one current worry or area where you feel anxiety**. (Be general or specific.)

Step 2

On the second card, write one **phrase from Proverbs 3:5–6** that speaks most to your situation.

Step 3

Offer a short, silent prayer asking the Lord to help you trust Him in this area.

Step 4

Place your worry card in the basket as a sign of entrusting it to God. Keep the Scripture card with you.

Remember, wisdom starts, not with perfect understanding, but with **trust in the Lord**.

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