



Words of Wisdom

The power of a gentle answer

Proverbs 15:1

*A soft answer turns away wrath,
but a harsh word stirs up anger.*

Step 1

Choose a scenario card.

Step 2

Read the **harsh response** printed on the card.

Step 3

Rewrite the response so that it reflects a **gentle answer**—one that is truthful, calm, and loving.

Step 4

If you are with a group, discuss how the rewritten response might change the outcome of the conversation.

A “gentle answer” is not silence, avoidance, or dishonesty. Biblical gentleness speaks truth with restraint, humility, and care.



Trust & Planning

Learning to Lean on the Lord

Proverbs 3:5–6

*Trust in the LORD with all your heart,
and do not lean on your own understanding.
In all your ways acknowledge him,
and he will make straight your paths.*

Step 1

Take two cards. On the first card, write **one current worry or area where you feel anxiety**. (Be general or specific.)

Step 2

On the second card, write one **phrase from Proverbs 3:5–6** that speaks most to your situation.

Step 3

Offer a short, silent prayer asking the Lord to help you trust Him in this area.

Step 4

Place your worry card in the basket as a sign of entrusting it to God. Keep the Scripture card with you.

Remember, wisdom starts, not with perfect understanding, but with **trust in the Lord**.

Living Wisdom

Sharing Questions & Answers

Choose one or more activities at this table.

Activity 1

Ask: Write a scenario you would like to get advice for (no names or identifying details, please). Here are some examples:

- A conversation turns toward gossip. What is a wise response?
- When I feel misunderstood, I'm tempted to respond defensively.
- I feel overwhelmed with responsibilities. What does wisdom tell me to do?

Activity 2

Look at the scenarios written. If you have a thought about a wise response, add it to the bottom or reverse side of the card. If possible, include a verse from Proverbs or other scripture.

There will be more than one wise response. We would love to have multiple answers on each question card.

Fear of the LORD

The Beginning of Wisdom

Proverbs 1:7

*The fear of the LORD is
the beginning of knowledge;
fools despise wisdom and instruction.*

Step 1

Read Proverbs 1:7 slowly. Consider what “the fear of the LORD” means in your daily life—not in theory, but in practice.

Step 2

Reflect briefly:

- Where might God be inviting you to greater humility, trust, or obedience?
- Where might you be resisting His wisdom or instruction?

Step 3

Write a short prayer responding to what you see.

Step 4

Offer the prayer to the Lord and take the card home with you.

The fear of the LORD is not fear of punishment, but reverent awe that leads to obedience and trust. **All wisdom in Proverbs flows from this foundation.**



Today's Proverb

The Proverb of Your Season

Proverbs 4:7

Wisdom is the principal thing; therefore get wisdom.



Step 1

Consider the list of verses provided or other verses from **Proverbs**.



Step 2

Choose one or two verses that **reflect your current season** of life or a way God may be inviting you to grow.



Step 3

Slowly write the verse on a card. As you write, ask the Lord to help you walk in this wisdom.



Step 4

Take the card home as a reminder this week.

Wisdom grows as we return to God's Word again and again

